No matter what your favorite sport is (football, biking, or even chess) it is important to show good sportsmanship. In fact, sportsmanship isn’t just for sports- it applies to any competition or game.

- **Know the Rules**- listen to your coach, or read a book about the game before you start playing so that you can learn the rules and be a good player.

- **Winning and Loosing**- It’s fun to win, but you are a winner or a loser based on your attitude. When you win, thank your opponent for the good game, or compliment them on something they did well. When you lose, do the same thing. Shake hands or high five the other team.

- **Playing Fair**- Nobody wants to play with a cheater. Be honest and don’t cheat. When you make a mistake or a foul, admit it. Never use trash talk to intimidate the other player.

- **Hurt Player**- Never celebrate or cheer if another player gets hurt (even if it’s to your advantage). Show your support by clapping when he or she gets up, and after the game, tell him or her you’re sorry they got hurt and you hope they heal soon.

- **Being a Fan**- Sportsmanship is not just for the players, it’s for the fans too. It’s never okay to yell rude things, swear, or throw things at the other team.